

ABSTRACT

TRAINING APPARATUS

This invention relates to a training apparatus, and in particular to an apparatus usable as a training aid for sports such as football, basketball, hockey etc. According to the invention there is provided a training apparatus comprising a number of substantially rigid targets arranged around a training area. The targets may be separated, and retaining means provided therebetween. The targets may be arranged on a base member, and be movable relative to the base member. The targets may be in the form of mannequins simulating teammates and possibly also opponents of the trainee.

the same time, the *W. m. m.* and *W. m. l.* were collected.